



CONFERENCES & HOSPITALITY SERVICES

Meal	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Assorted Cold Cereals French Toast with Syrup Scrambled Eggs Bacon Home Fried Potatoes Fresh Fruit Baked Goods Bagels Yogurt	Assorted Cold Cereals Waffle Bar Egg McTrent Sausages Hash Brown Potatoes Fresh Fruit Baked Goods Bagels Yogurt	Assorted Cold Cereals Stuffed Pancakes & Syrup Western Scrambled Eggs Ham Home Fried Potatoes Fresh Fruit Baked Goods Bagels Yogurt	Assorted Cold Cereals Waffle Bar Breakfast Wrap Sausages Hash Brown Potatoes Fresh Fruit Baked Goods Bagels Yogurt	Assorted Cold Cereals French Toast with Syrup Scrambled Eggs Benedict Potato Patties Fresh Fruit Baked Goods Bagels Yogurt	Assorted Cold Cereals Fruit Pancakes with Syrup Pan Fried Eggs Bacon Home Fried Potatoes Fresh Fruit Baked Goods Bagels Yogurt	Assorted Cold Cereals Waffle Bar Egg McTrent Sausages Hash Brown Potatoes Fresh Fruit Baked Goods Bagels Yogurt
	Juice/Coffee/Tea/Milk White/Whole-wheat Toast	Juice/Coffee/Tea/Milk White/Whole-wheat Toast	Juice/Coffee/Tea/Milk White/Whole-wheat Toast	Juice/Coffee/Tea/Milk White/Whole-wheat Toast	Juice/Coffee/Tea/Milk White/Whole-wheat Toast	Juice/Coffee/Tea/Milk White/Whole-wheat Toast	Juice/Coffee/Tea/Milk White/Whole-wheat Toast
<b>Lunch</b>	Soup du Jour Buffalo Chicken Panini	Soup du Jour Beef Stir Fry	Soup du Jour Turkey BLT Pita	Soup du Jour Philly Steak on a Kaiser	Soup du Jour Italian Baguette	Soup du Jour Chicken Caesar Wraps	Soup du Jour Hearty Chicken Quesadillas
	<b>Penne Arabiata</b>	<b>Tofu Lomen</b>	<b>Veggie Pitas</b>	<b>Vegetarian Pad Thai</b>	<b>Vegetarian Fajitas</b>	<b>Vegetarian Quiche</b>	<b>Garden Quesadillas</b>
	Country Fries Corn	Stir Fried Vegetables	French Fries Mixed Vegetables	Krinkle cut French fries Green Beans	Flavoured Rice Carrots	French Fires Scandinavian Vegetables	Crinkle Fries Mac & Cheese
	Salad Bar/Deli Bar Pecan Streusel	Salad Bar/Deli Bar Oatmeal Raisin & Choc. Chip Cookies	Salad Bar/Deli Bar Brownies	Salad Bar/Deli Bar Carmel Cake	Salad Bar/Deli Bar Chocolate Cream Pie	Salad Bar/Deli Bar Chocolate Cream Pie	Salad Bar/ Deli Bar Apple Crum Square
<b>Dinner</b>	Soup du Jour Roast Beef and gravy Whipped Potatoes Roasted Root Vegetables	Soup du Jour Maple Glazed Baked Ham Scalloped Potatoes Sweet Potato Mash	Soup du Jour Rotisserie Chicken Baked Potatoes Sauteed Zucchini	Soup du Jour Chicken Pot Pie Oven Roasted Potatoes Baby Carrots	Soup du Jour Baked Lasagna (meat or vegetarian) Garlic Bread Cauliflower	Soup du Jour Shepards Pie Whipped Potatoes and Gravy Corn	Soup du Jour Crispy Baked Quarter Chicken Oven Roast Potatoes Cauliflower with Cheese
	<b>Vegetable Struedel</b>	<b>Eggplant Parmesan Casserole</b>	<b>Creole Chick Peas and Pasta</b>	<b>Cheese Tortellini In Tomato Sauce</b>	<b>Tofu-Vegetable Stir Fry with Rice</b>	<b>Baked Ziti</b>	<b>Vegetarian Flan</b>
	Full Salad Bar Cherry Pie	Full salad bar Strawberry Cream Pie	Full Salad Bar Triple Chocolate Fudge Cake	Full Salad Bar Apple Pie	Full Salad Bar Cheesecake	Full Salad Bar Pumpkin Pie	Full Salad Bar Chocolate Cake