



## Rental Policies

2010

*Turning Your Team into Gold*

Alkame Dragon Boat Services  
RENTAL  
Code of Conduct and Policies

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## ALKAME DRAGON BOAT SERVICES Code of Conduct and Policies

### **Preamble**

As an affiliated team of ALKAME DRAGON BOAT SERVICES you must adhere to the following Code of Conduct and Policies during any activity sanctioned by ALKAME DRAGON BOAT SERVICES on land or on water.

### GENERAL CODE OF CONDUCT

#### Respect:

- The rights, dignity and worth of others regardless of their level of participation, gender, race, cultural background, religion, sexual orientation, ability or disability are to be respected.
- Respect the directions and decisions of coaching staff, shore managers, and club officials.
- Other boaters in the marina are to be respected

#### Spirit of the Sport:

- Athletes shall comply with the rules of the sport as set out in the national and international guidelines which govern ALKAME DRAGON BOAT SERVICES, associate members, and affiliated teams.
- Team participants should conduct themselves in a proper manner so as not to embarrass themselves, ALKAME DRAGON BOAT SERVICES, or the sport of dragon boating.
- Athletes must inform the coaching staff of any health issues, illnesses and injuries, and their ability to perform the program's physical requirements.
- Athletes should promote fair play and participation in the sport of dragon boating.
- Athletes shall not harass, ridicule or embarrass fellow athletes.

#### Safety

- Athletes should understand and follow safety/emergency procedures as set out by ALKAME DRAGON BOAT SERVICES and its staff and officials.
- Athletes should consider the safety and well-being of participants at all times and contributes to ensuring a safe environment for paddling, land based training, and other activities.

#### Teamwork

- Athletes should bail boats and remove water bottles/debris from the boat following a practice as a courtesy to the next team using the boat and the shore managers.
- Athletes should remove water bottles and personal belongings from the dock and staging area. Recyclable material and garbage should be deposited in the marina's designated containers.
- Athletes should care for and respect all ALKAME DRAGON BOAT SERVICES boats, equipment, and property as well as marina property and patrons.

#### Honesty and Integrity

- Athletes shall not misuse property.
- Athletes should not make comment or support any public criticism or statement designed to have a negative impact on the ALKAME DRAGON BOAT SERVICES, or its staff and coaches.

## ALKAME DRAGON BOAT SERVICES Code of Conduct and Policies

### 1. RENTAL POLICIES

#### General

- 1.1 Crews will not be allowed to practice until their registration forms, waivers, and a cheque for the total amount owing is received by ALKAME DRAGON BOAT SERVICES.
- 1.2 Should a crew member join at a later date, the member must complete a ALKAME DRAGON BOAT SERVICES waiver and submit it to ALKAME DRAGON BOAT SERVICES prior to practicing with the team.
- 1.3 Teams must use ALKAME DRAGON BOAT SERVICES docks as their base of practice; teams will not be serviced from Progress Park.
- 1.4 Athletes must not park in the laneway leading to the Lake House Conference Centre or in Frenchman's Bay Marina main yard.
- 1.5 Teams will stage in the parking area leading to the sheds and must keep the boat ramp clear of athletes.
- 1.6 Teams will be assigned specific boats for practices. Teams must take the boats which they are assigned.
- 1.7 It is expected that team will leave the dock promptly at the beginning of their practice session and return to the dock (boat tied up, athletes out of the boat and off the dock) by the scheduled end of practice.
- 1.8 With as much notice as possible, ALKAME DRAGON BOAT SERVICES may cancel any scheduled practices in special situations or ALKAME DRAGON BOAT SERVICES supported or sponsored events (i.e. Pickering Dragon Boat Challenge, Paddle for a Purpose, etc.). ALKAME DRAGON BOAT SERVICES will reschedule a practice if a request is made within a week of the cancelled practice if it is feasible to do so.
- 1.9 The head coach or shore manager will make a decision on canceling a practice due to inclement weather (i.e. lightening storm, poor visibility, high winds, etc.) 10 minutes before each practice.
- 1.10 No coach or team will be allowed to used the dragon boat outside of specified times without the permission of the ALKAME DRAGON BOAT SERVICES.
- 1.11 Teams must bail boats and remove water bottles as a courtesy to the next team using the boat.
- 1.12 Teams are expected to notify the ALKAME DRAGON BOAT SERVICES shore manager of any equipment problems or damage to a boat.
- 1.13 The coaching boat may be used for video-taping practices providing the safety boat has been rented through the ALKAME DRAGON BOAT SERVICES in advance of the video-taping session

## ALKAME DRAGON BOAT SERVICES Code of Conduct and Policies

### 1. RENTAL POLICIES (continued)

#### Safety

- 1.14 All crew members (i.e. paddlers, steersperson, coach, etc.) must wear a PFD or approved life jacket during the months of May and October. If not a member of Dragon Boat Canada a paddler must wear a PFD at all times.
- 1.15 At the discretion of the ALKAME DRAGON BOAT SERVICES head coach or shore manager, minimum and maximum paddler limitations may be set and enforced based upon weather conditions and safety concerns.
- 1.16 Lights are mandatory for all training sessions within 30 minutes of dusk and dawn. Each steersperson is responsible for having lights affixed to the boat and/or the paddlers. Teams must supply their own lights.
- 1.17 No team may paddle in the harbour entrance channel or on Lake Ontario.
- 1.18 Teams must stay clear of the boating channels on Frenchman's Bay.

#### Respect

- 1.19 Teams must be mindful of the peace and quiet enjoyed by other marina patrons and boaters in the staging area, on the dock and in the channel leading to Frenchman's Bay.
- 1.20 Teams must follow the directions of the shore manager and the team steersperson in the loading and disembarking of athletes at the dock.
- 1.21 Rules outlined in this policy will be enforced by shore managers, executive, or appointed coordinators. Any individual identified as, or known to be, staff person or executive has the authority to enforce these rules